

**Are you ready to take your coaching skills to the next level? Learn your coaching style with a psychometric assessment.**

## **Leader as Coach**

***A unique, customized, intensive, and interactive experience in a highly personalized setting.***

**Wednesday, April 3, 2019 – 1pm-5pm**

**Friday, April 5, 2019 – 9am-1pm**

**Advanced Behavioral Health**

**213 Court Street, 8<sup>th</sup> Floor, Middletown, CT 06457**

Presented by:

Solutions Leadership Consulting *in collaboration with WorkChoice Solutions LLC*



**Dr. Scott Serviss, Psy. D., BCC Board Certified Executive Coach Solutions Leadership Consulting**  
Scott is a Leadership Consultant and Board Certified Coach who specializes in Leadership Team Coaching, Executive Coaching, and Leadership Development Programs. Scott has been Adjunct Clinical Faculty at doctoral and master level graduate programs and is an Executive Board member of the Society of Consulting Psychology. He is certified in many leadership and 360 assessment instruments including the Coach Mindset Index.



**David O'Brien President, WorkChoice Solutions**  
David provides Leadership and Team Effectiveness training, coaching and consulting services and his consulting career spans 30 years. David has an undergraduate education in business administration. He is a frequent keynote speaker on the topic of leadership excellence and an author of two books, [The Navigator's Handbook, 101 Leadership Lessons for Work & Life](#), and [The Navigator's Compass, 101 Steps Toward Leadership Excellence](#).

**Registration is limited to 15 participants.**

**To register online, visit:**

**<http://www.solutions-eap.com/Events/Leader-as-Coach-Workshop/>**

**Registration Deadline: March 6, 2019**

**Please contact Dr. Scott Serviss with any questions.  
203-379-2897 or [sserviss@solutions-eap.com](mailto:sserviss@solutions-eap.com)**

The **Leader as Coach Workshop** is designed for managers and HR professionals who want to learn how to take a coach approach in their leadership and management. The program will be full of tips and techniques for immediate skill application. Participants will learn their Coaching Style by taking a psychometrically sound and normed assessment of coaching behaviors and strategies called the **Coaching Mindset Index**. Participants will learn two distinct coaching methods, both behavioral coaching and developmental coaching, and will have plenty of opportunities to practice the methods, over the two sessions.

In *behavioral coaching*, participants will learn how to address the coaching and development needs of each employee. The workshop provides leaders with an actionable framework on how to conduct a behavioral coaching conversation, and participants will have an opportunity to develop an employee specific coaching plan.

In *developmental coaching*, participants will learn how to can integrate coaching seamlessly into their everyday interactions with their direct reports. Participants will learn three coaching foundations, six coaching strategies, and four coaching styles of the **Coaching Mindset Method**. Participants will receive a personalized report of their coaching behaviors that can improve their performance and effectiveness. Participants will learn a practical method to coach in 10 minutes or less.

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*Upon completing the workshop, participants will be better able to:*

- Identify the frequency of your Coaching Strategies – as measured by the Coaching Mindset Index
- Understand the distinction between behavioral and developmental coaching
- Employ the Leaders Coaching Game Plan tool
- Utilize a method of coaching that takes 10 minutes or less
- Apply the lessons learned in the workshop to implement effective coaching in your organization

*Registration Fee (\$595) includes:*

- A personal analysis and report of the Coaching Mindset Index® (The online assessment needs to be completed in advance of the workshop.)
- Workshop materials, including a copy of The Navigator's Compass by David O'Brien
- Networking opportunities with other leaders
- Continental Breakfast and Afternoon snacks
- Bonus: private, one-hour post event coaching implementation session

*Two or more from the same organization - \$495*



**Solutions EAP** offers comprehensive employee assistance programs and a full spectrum of leadership development services including executive coaching, strategic planning, change management, and team development. Solutions EAP helps organizations cultivate true leaders and optimize individual and team performance.