

Overview of EAP Services

- **Short-term, confidential counseling and/or referral for employees and employee family members.**
- **24-hour service**
- **Management consultation**



In-person Counseling

- **Counseling is the heart of EAP services. Call to make an appointment with one of our experiences, licensed, Master's- and Doctoral-level counselors.**
- **Convenient appointment times and locations are available. Usually, you will not have to wait for more than a few days for an appointment.**



Problems Addressed by the EAP

- Family problems
- Stress and anxiety
- Financial concerns
- Career or life-planning
- Relationship issues
- Eldercare
- Grief and bereavement
- Addictions
- Spousal or child abuse
- Legal concerns
- Child care
- Life changes
- Emotional or psychiatric issues

The procedure when a call is made to EAP

- **Intake information gathered for the employee or family member.**
- **An appointment is scheduled in a location convenient to the employee or family member seeking services.**
- **Assessment is made by a trained, licensed counselor.**
- **The employee/family member resolves the issue, or is referred to an appropriate resource using his or her insurance behavioral health benefits.**
- **The employee or family member's confidentiality is protected.**

Questions?

Solutions Employee Assistance Program

1-800-526-3485

www.solutions-eap.com

